Deepwood



INTRODUCTION

WELCOME TO HYDE HOUSING

Hyde Housing welcomes you as a resident. We hope you enjoy your stay with us and will feel you are with an organisation that is willing to take some time and to make some effort on your behalf.

We understand that it can seem a bit daunting when you first come into a new place so we've designed the guide to answer some of the questions you might have, together with some information to help you settle in and inform you what we expect from you what you can expect from us while you're here.

"We offer homeless people a home and the chance to rebuild their lives in a supportive environment"

Hyde Housing provides direct access accommodation and client support for the adult's homeless population; we specialise in housing vulnerable adults in Birmingham and the surrounding areas in supervised houses and hostels.

OUR VISION

- **Respect and Dignity:** We treat all residents with respect, compassion, and understanding.
- **Empowerment and Independence:** We empower residents to take control of their lives and achieve their full potential.
- **Collaboration and Partnership:** We work in partnership with residents, families, and other agencies to provide holistic support.
- **Inclusion and Diversity:** We embrace diversity and create an inclusive environment for all residents.
- **Accountability and Transparency:** We are committed to providing high-quality services and operating with transparency.

HEAD OFFICE CONTACT DETAILS



200 HAMSTEAD ROAD, HANDSWORTH, BIRMINGHAM, B20 2RE 0121 554 8248

Support worker on site:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1		1	1	1		

OUT OF HOURS DETAILS

Contact number: 07874361397

Charter of Rights and Quality Standards

Hyde Housing works alongside the Charter of Rights and Quality standards to provide safe accommodation and individual support.

Tenants have:

- A right to feel safe and protected
- A right to decent living conditions
- A right to clear information on your support entitlement
- A right to security of property
- A right to seek advice or assistance and to challenge when necessary

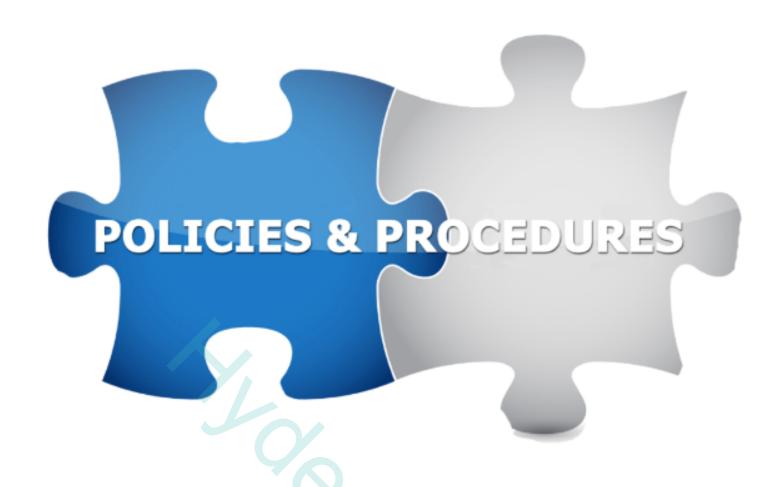
Core Principles

- Residents have fundamental, universal rights that should be respected and upheld. This includes access to basic amenities, a right to be treated with dignity and respect, and a right to live free from harassment, neglect, fear, or abuse
- Service provision should be consistent and fair, and within strong principles of antidiscrimination. This applies to both referral and access procedures and to housing management practices
- To live well and progress, residents need to feel safe. Providers must apply their responsibilities around safeguarding and risk management stringently
- · Living environments should be secure, safe, well-managed and promote good health and wellbeing.
- Providers should conduct their business and their interactions with residents in a fair, open, and transparent way

- Providers should display a keen willingness to continually adapt and improve their practice; learn constructively from their mistakes, and promote shared learning within the sector
- Exempt accommodation should be a 'stepping stone', for residents to progress with their lives and improve their housing situations
- Residents should be provided with opportunities and support to integrate into both their accommodation and their communities
- Residents should have clear channels of communication with accommodation providers; be included in decisions that affect them and regularly consulted about whether their housing or support is meeting their needs. This includes effective and clear mechanisms for complaints handling.
- Information should be provided to residents as and when needed, including upon request. Information should be clear, accessible, and in a variety of formats to cater for language and literacy needs
- Residents' rights to privacy and confidentiality must always be respected and upheld: including during 'one to one' or support sessions.
- Providers should work in the spirit of partnership, collaborating holistically with a range of agencies to enhance resident experience and ensure safety, wellbeing, and progression

Policies & Procedures

"Policies and procedures ensure that a point of view held by Hyde Housing is translated into steps that result in an outcome compatible with that view"



You are entitled to a free copy of any policy and procedures please ask your support worker if you would like a copy:

1. Equal Opportunity & Diversity Policy

Hyde Housing recognises that people with different backgrounds, skills, attitudes, and experiences bring fresh ideas and perceptions. Our policy seeks to value and harness these differences and to make our services relevant and approachable for everyone. We aim to draw upon the widest possible range of views and experience to meet the changing needs of our users, staff, volunteers, partners, and supporters. Our policy tells you what steps are taken to combat all inequality. The policy states that all people should be treated fairly, equally, and free from discrimination. The policy states that all people should be entitled to inclusion no matter any differences.

1. Complaints Policy and Procedure

Most problems can be sorted out on the spot with our project staff. However, if you are still unhappy our complaints procedure policy outlines the complaints process. This process can be triggered by a phone call to your support worker, or the head office. If you wish to raise a complaint or comment, please complete a complaint form, speak to a member of staff, or go to the office. Complaint forms can be found within this folder or at the main office. You can also contact us directly on the website.

1. Safeguarding Adults at Risk

Protecting adults as risk is an important issue for Hyde Housing, we have very clear guidelines about the way we work and provide support. If you feel something is not right, you can raise concerns at any time. Our procedures are open, and we promise to respond quickly and effectively and remain as confidential as possible.

If someone treats you badly

"This may be abuse".

- Abuse is when someone bullies you.
- No one has the right to abuse you.
- Abuse is when someone says things to you that makes you frightened.
- Abuse is when someone does things to you that makes you unhappy.
- Abuse is always wrong; abuse is not your fault.
- Abuse is when someone hurts you or treats you badly.

There are different types of abuse:

- Financial Abuse
- Physical Abuse
- Discriminatory Abuse
- Sexual Abuse
- Institutional Abuse
- Emotional Abuse

What should you do?

Tell someone you trust, this could be your support worker or anyone at the head office and do it as soon as you can, we are always here to listen. Anything you say will be treated with confidentiality.

1. Drugs and Alcohol Policy & Procedures

Hyde Housing, neither condones nor approves of the possession, use or supply or of illicit drugs. However, the organisation seeks to work with the residents to promote their well-being and reduce harm. To do this, it seeks to offer a service that is accessible to substance users and those with addiction histories and will seek to avoid excluding drugusing residents where possible. While wishing to provide an accessible and inclusive service to people who use drugs, the organisation also recognises that it has other duties and obligations to stay within the law. All substances included alcohol and drugs is not permitted onsite.

1. Anti-Social Behaviour Policy & Procedure

Hyde Housing is committed to, tackling anti-social behaviour (ABS), not only in terms of enforcing good behaviour but also through prevention and support. Tenants have obligations to behave in a reasonable manner and to ensure that any visitors do so as well, and are informed of this on sign up and move in.

The following is not an exhaustive list, but examples of ASB can include:

- Noise nuisance including loud music, shouting, slamming doors.
- Behaviour, which is aggressive, threatening or causes intimidation or harassment.
- Criminal activity which affects the community.
- Graffiti.
- Abandoned cars and other vehicle nuisance including motorbikes/ mopeds.
- Acts or threats of violence.
- Hate behaviour (including harassment) see below.
- ASB because of misuse of drugs or alcohol.
- Hate Crime
- Domestic violence

We aim to create sustainable homes and areas where people feel safe and confident to come forward and report ASB. We will encourage the reporting of ASB in several different ways, including:

- to support staff and management team
- telephone
- email
- text
- our website
- a third party, such as a local Councillor

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There is a reasonability for incidents or complaint forms to be completed according to the event. This can be done by residents and staff members and should then be given to

management so that it can be dealt with appropriately and in a timely manner.

1. Confidentiality

Hyde Housing comply with GDPR, data protection and confidentiality guidelines. Staff at Hyde Housing may need to share information with other staff to try to work the best solution to a problem and to get mutual support. Personal information will not be passed to anyone outside the agency without prior agreement. There are some exceptions to this which may include: when someone is at risk to themselves, to or from others, when there is a duty to safeguard, when an incident involves a child, when legal or criminal matters arise.

Health & Safety

Residents have a responsibility for their own health & safety, the health and safety of others, to look after their own personal belongings and to keep all common areas free of combustible material.

The misuse of the fire alarm, the emergency exits, and the fire extinguishers will put accommodation at jeopardy.

FIRE SAFETY

- Make sure you know where your escape route is, you are required to always comply with fire regulations.
- Ensure fire doors are closed and not wedged open.
- Do not tamper with fire doors, locks, and closures. Do not tamper with CO2 monitors within the property.
- Do not ignore the fire alarm if it goes off. If it goes off, follow escape plan, and do not re-enter the building unless deemed safe by staff or professionals.
- Be aware when fire alarm tests are carried out.

ELECTRICAL SAFETY

- Never put bare wires in a socket
- staff may ask to check your electrical items to make sure they are in safe condition.
- Keep electrical items away from bedding or water.
- Portable appliances must never be taken into a bathroom.

GAS SAFETY

- If you smell has check the cooker has been turned off properly. Do not use electrical switches; or light a cigarette or use a mobile phone.
- Open a window to clear the gas from the building if everything is switched off inform a member of staff or phone the Gas Board Emergency Number STRAIGHT AWAY

Gas Board - 0800 111 999

Gas Text - 0800 37 17 87

KITCHEN SAFETY

Fire Safety in the Kitchen:

- Never leaving your cooker unattended Keep electrical leads, tea towels, cloths, loose clothing and everything else that may catch fire away from the oven and hob.
- Keep the oven, hob, and grill clean a build-up of fat and grease can easily catch fire. Keep your toaster clean, free of crumbs and away from curtains, kitchen rolls and anything else that could catch fire.

 Never put anything metallic inside the microwave.

 Turn off electrical appliances when not being used.

- Keep electrical leads and appliances away from water. Keep handles of pans turned to the back of the hob and away from the gas/electric burner rings.
- Take pans off the heat and turn off the hob and/or grill if you must leave the kitchen while cooking, and make sure the oven, hob and grill is turned off when you have
- finished cooking.
 Avoid cooking if you are tired, have been drinking alcohol or taking any medication that can make you drowsy.
- If you feel any pf the equipment is faulty, please notify a member of staff.

Think of other people who need to use the kitchen after you – wipe up your spills and keep the area tidy. Help keep the kitchen a pleasant place for everyone to use.

If your pan catches fire:

- Don't panic and don't take risks.
- Don't move the pan.
- Never throw water or use a fire extinguisher on a hot fat fire.
- If it's safe to do so turn off the heat, but never lean over the pan to reach the
- Leave the kitchen, close the door behind you, tell a member of staff, get out and don't go back inside for any reason. Call 999

DISPOSAL OF GLASS AND SHARPS

The disposal of glass is the responsibility of the individual, please place empty glass bottles in the bins provided. Do not let glass or rubbish build up in the kitchen. Do not put sharp items in the kitchen or room bins without wrapping the item in paper/card to prevent accidental injury. Sharps are any item with a point at the edge that could cut or pierce skin, for example: broken glass, broken cutlery, damaged knives, or old razors. Needles and sharps should not be put into general household bins but instead put into the correct sharp's bins. Ask staff for more information.

Please think of others!

Procedures to be carried out in the case of an emergency on site, whether from fire, explosion, or other dangerous incidents, or from an individual accident.

An emergency is any problem which:

- Could lead to death of any person in the property.
- Could put health at risk.
 Could serve serious damage to the property or belongings.

For example

- No lights in the property, power failure
- Gas leak
- Fire alarm system not working
- Burst pipe No water

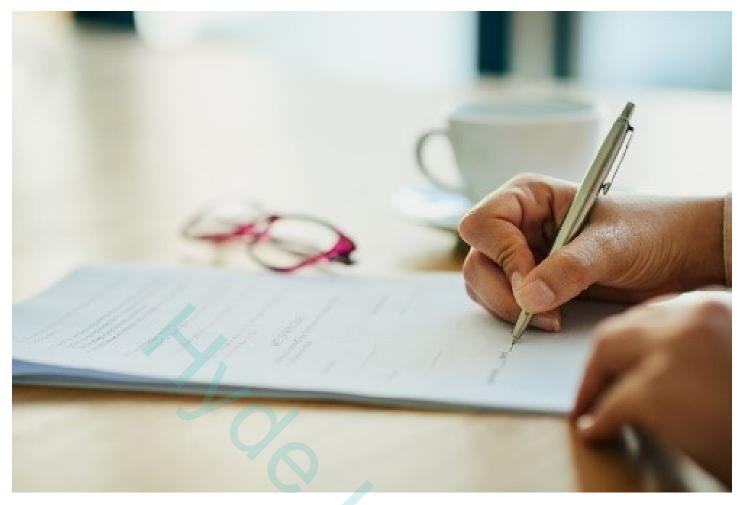
You should report incidents to a member of staff, the main office or out of hours if neces'sary.

You should call the emergency services on 999 immediately if the emergency is a:

> Fire **Burglary** Violent incident

> > Injury

MOVING IN



Completing Housing Paperwork

When you move in you will be asked to complete your housing application with a member of staff. This will include reading through and signing your accommodation agreement, you will also receive a copy of this to keep. You will also complete other forms such as proof of income and data protection information which will allow us to process your housing benefit claim on your behalf. You will receive a copy of the Charter of rights, standards and expectations. Staff will inform you of your duties and obligations to pay service charge, living in the property and engaging with support. We will also ask for a contact number to contact you on.

Can you claim housing benefit?

If you are on benefits some or all of your rent will be paid by housing benefit. If you are not working you may still get some housing benefit, our staff will be able to tell you more.

What is direct payment?

You will be asked to sign for direct payment of your rent this will make paying your rent a lot easier

What is your contribution of service charge? £15 per week.

Why are you requited to pay service charge?

This is the part of the rent that covers water rates, gas and electric. This also covers Hyde Housing support to keep communal areas clean and tidy. This is not paid by housing benefit so you will have to pay this yourself from any income you receive. Failure to pay will put your housing in risk.

How to pay service charge?

You can pay this via cash payments when you have been paid (can be done weekly, fortnightly or monthly). It can also be paid via bank payment or standing order. Staff can help you organise this.

What if you are working?

If you start working, you may still be entitled to some housing benefit. It is important that you

speak to Terri Charlton who can help you complete the benefit calculator to work out your entitlement.

Keys

Once housing paperwork is completed, you will be given a set of keys for the property including front door and your bedroom key.

What if I lose my key?

If you lose your key, please contact a member of staff or the main office for a replacement. There may be a charge for repeat replacements.

Attending the property

In most situations a member of staff will be able to show you around the property and to your individual room. Ideally, staff will introduce you to other tenants upon moving in. We know that this may not always be possible straight away, but staff will aim to do this when they next attend.

Maintenance

Hyde Housing are responsible for carrying out day to day repairs when they are needed.

Hyde Housing (and external agencies such as Birmingham City Council) will also undertake regular inspections to make sure that the building is kept in good standard. We will aim to the best of our ability, to inform tenants when inspections will occur.

To make sure that your property is kept in good condition, the most important person is YOU;

- Take care of your room, building and all the equipment. Report any faults straight away don't leave things to get worse. As soon as you see something broken or about to break inform a member of staff.

At Hyde Housing, we aim to create a welcoming, safe, and comfortable environment. Please report any concerns or questions to a member of staff. All concerns will be dealt with appropriately and with respect.

How to report maintenance?

You can directly inform a member of staff when at the property, via telephone or by attending the main office. You can also complete a complaint form or log it online via our website.

Cleaning

You are responsible for the upkeep and cleanliness of your own room. When you use commercial and shared areas such as bathrooms and kitchen, you should always clean up after yourself and leave the area as you would expect to find it. Remember to wash down the bath/shower after use and wipe down kitchen surfaces and the cooker. Please make sure you always wash up and never leave any dirty or burnt ports. If these things are done straight away your kitchen and bathroom are easier to keep on top of. If someone does not do this, please talk to a member of staff. Hyde Housing will support to provide cleaning products and have staff available to assist with cleaning.

Rubbish

Your rubbish collection day is:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	/					

This information is also available on the notice board within the property. Rubbish bins should be placed outside the property the night before collection. Always check when your rubbish is collected and where you should put your rubbish. Do not leave black bags outside. Please put them in the bins provided and close the lid, small animals may burst the bag and spread the rubbish about, this will attract mice and rats.

House rules and Tenant Responsibilities

Please pay attention to the following house rules. Your adherence to them is a condition of your continued residency.

- Show consideration for and be always tolerant of others. Act in a proactive honest and straightforward manner Staff will not tolerate any form of abuse or anti-social behaviour. Do not harass any resident, member of staff or visitor this includes but is not limited to verbal or physical abuse.
- Do not cause damage to the property or of others. This includes vandalism, violence. Comply with health and safety and fire regulations.

- Comply with health and safety and fire regulations.
 Report all maintenance to a member of staff.
 The use of illegal drugs on site in explicitly forbidden
 Do not act in a manner which will bring harm to another resident, lead to injury or fail to
 reasonably protect another resident from being harmed.
 All residents are expected to respect each other and staff regardless of race, colour, caste,
 ethnic or national origin, religion, political affiliation, social class, sex, disability, gender,
 identity, sexual orientation, cultural background, or age.
 Please do not play loud music between 10:00 PM and 9:00 AM
 Visitors will only be allowed with prior permission of the staff and will be the sole
 responsibility of the resident. Visitors will not be permitted after 10:00 PM or stay overnight.
 No resident is permitted to enter other resident's rooms without either the occupant being
 there or prior permission.

- there or prior permission. Residents are responsible for their own room key. If they lose the key, then it is a resident's
- responsibility to inform staff. If a resident intends on staying out overnight, or to stop away for a short time, they should
- inform staff.
- Pets are not allowed at any time.
- Service charge must be paid.

Support

When moving in, you will be told who your support worker is, contact details, when they will attend the property, and when your individual 1-1 weekly support session is. This information can also be found earlier in this booklet and is shown on the notice board within the property.

How will I know what support I get? You will create an individual support plan with your support worker to identify areas you may need support/assistance. This can form the basis of your support sessions as you will

create some goals together you can work towards. The support plan will be reviewed regularly so that you and your support worker can see if your support needs and goals change.

What if I'm not onsite when staff come? Whilst living with Hyde Housing, you have a duty to engage with support. If you are not onsite when staff visit, they will attempt to contact you via telephone.

What type of support is offered?



Type of support	Our Aim	How we support you
Housing	To providing safe and secure Housing and complying with housing agreement	 Managing and completing housing benefit claims Ensuring and completing repairs Providing furniture, décor and household items Support with move on and referrals to further or independent living.
Benefits & Finances	To ensure financial stability for tenants	 Assistance to complete benefit claims, completing paperwork/application s. Assistant with job searches, attending appointments. Support with budget plans and money management.
Training & Employment	To gain skills, education, experience and employment.	 Provide awareness and updates of courses, and training opportunities Support to complete applications Help to create and update CV, complete job searches and applications. Improve confidence in interviews and jobrelated skills.
Health & Wellbeing	To promote positive health and wellbeing	 Provide information on local agencies regarding health and wellness Assist in complete registrations to local GPs. Regular wellbeing checks and reviewing health and wellbeing in care plans. Assistance with attending appointments regarding health and wellbeing (GP, dentist, opticians) In house trained sexual health practitioners.
Diet and Food	To encourage healthy lifestyle with diet and food	Assessing and supporting cooking and shopping skills.

		Provide information on recipes.
		Regularly review diet and meal arrangements
		Liaising with external agencies such as food banks.
Mental Health	To promote positive wellbeing through mental health	In house qualified therapists for emotional and mental health support and cognitive behavioural therapy.
		Liaising with external professionals and support arranging and attending appointment such as CPN, community care teams, secondary mental health teams, GPS.
		To promote healthy lifestyle habits which will promote positive wellbeing.
Life Skills	To learn skills towards independence	Support with skills such as: cooking, cleaning, money management, budgeting, organisation, time management, problem solving, healthy relationships.
Social Support	To develop positive relationships	Support and encourage healthy relationships and boundaries.
	S	Promote positive community engagement.
		Providing information and assisting with referrals for further support.

Involvement

"You can make a difference by getting involved and influencing how Hyde Housing services are delivered".

We aim to ensure that tenant involvement is the heart of everything we do, we want to improve our services and we can only do this by listening to you and acting on your feedback, we have several opportunities for you to give us your feedback and views.

You can get involved by:

- Completing our satisfaction survey
- Standing for election at resident representation Attending any residents meetings
- Getting involved in resident projects and activities.
- Talking to us
- Write to us using our suggestion box which is located at the main office.

DIRECTIONS TO LOCAL AMENTIES

Doctors (Bartley Green Medical Practice)

- Walk east on Deepwood Grove towards Offmoor Rd Turn right onto Offmoor Rd
- Turn right onto Meaton Grove

Dentist (Bhandal Dental Practice)

- Walk east on Deepwood Grove towards Offmoor Rd Turn right onto Offmoor Rd Turn right onto Meaton Grove Slight right towards Romsley Rd

- Turn left onto Romsley Rd
 Turn left onto Field Ln
 Sharp right towards Dettonford Rd
 Turn right onto Dettonford Rd
- Turn left onto Curdale Rd

Pharmacy (Knights Bartley Green Pharmacy)

- Walk east on Deepwood Grove towards Offmoor Rd Turn right onto Offmoor Rd Turn right onto Meaton Grove

- Slight right towards Romsley Rd

- Turn left onto Romsley Rd
 Turn left onto Field Ln
 Sharp right towards Dettonford Rd
- Turn right onto Dettonford Rd Turn left onto Curdale Rd

HELPFUL CONTACTS

Summerfield Urgent Care Centre

134 Heath Street

Winson Green

Birmingham

B18 7AL

0345 245 0769

South Birmingham GP Walk in Centre (Selly Oak)

15 Katie Road

Selly Oak

Birmingham

B29 6JG

0121 415 2095

Erdington Health & Wellbeing Walk in Centre

1st Floor

196 High Street

Erdington

Birmingham

B23 6SJ

0121 686 8010

Birmingham Drugline

Dale House

New Meeting Street

Birmingham

West Midlands

B47SX

0121 632 6363

Swanswell Drug and Supporting People Services

Ruskin Chambers

191 Corporation Street

Birmingham

B46RP

0121 233 7400

Aquarius

236 Bristol Road

Birmingham

B57SL

0121 414 0888

Affected by drug, alcohol or gambling problem

Turning Point Zephyr

3 Barker Street

Lozells

B19 1EL

0121 523 5109

*must be referred by a drug or social worker

Birmingham Drug and Alcohol Action Team

1_{st} Floor Technology Block

Gee Business Centre

Holborn Hill

Aston

Birmingham

B7 5PA

0300 5555 999

To contact any of the Birmingham drug and alcohol – **0121 465 4930** **DIP Programme**

Single Point Contact

Mon - Fri

0300 555 9999

Will ask short series of questions to determine appropriate treatment

DIP 24/7

0800 073 2052

Access into treatment is rapid and meets national waiting time limits

Birmingham Outreach Alcohol Team (BOAT)

partnership with:

Sifa Fireside

48-52 Allcock Street

Birmingham

B9 4DY

0121 766 1700

Drop-in times:

Mon-Fri 09:00 - 10:30

Mon-Fri 12:00 – 12:45

Sat-Sun 10:30-11:30 Tea and Coffee

Freshwinds BRO-SIS Project

Prospect Hall

12 College Walk

Selly Oak

Birmingham

B29 6LE

0121 415 6670

*Focuses around African Caribbean Background who experience issues with drugs

Department of Sexual Health

Birmingham Heartlands Hospital

Hawthorn House

Heartlands Hospital

Bordesley Green East

Birmingham

B9 5SS

0121 424 8984

Walk-in service every day 09:30-11:30

New Attitudes Contraception and Sexual Health

Erdington Health and Wellbeing Centre

2_{nd} Floor

196 High Street

Erdington

B23 6SJ

0121 686 8030

Drop-in service available

The Drake Unit

Birmingham Chest Clinic

Great Charles Street

Queensway

Birmingham

B33HX

0121 424 8984

Walk-in and appointments available – waiting times depends on the amount of prebooked appointments

Birmingham Dental Hospital

St Chads Queensway

Birmingham

B46NN

0121 466 5000

Appointments between 9:00am – 5:00pm

Emergency care opens at 7:30am and assessments start at 9:00am

The dental surgery

643 Kingstanding Rd, Kingstanding, Birmingham B44 9SU

01213543579

Reece Associates Dental surgery

22A Chester Rd, The Royal Town of Sutton Coldfield, Birmingham, Sutton Coldfield B73 5DA

01213555180

Birmingham Settlement's	Citizens Advice Bureau	CASA National (Community	The Crossway
Money advice	City Centre	Advocacy, Support and Advice)	77-79 Vivian Road
Service	Ground Floor	2 High Street	Harborne
Money Advice Service	Gazette Building	Kings Heath	Birmingham
Units 4-7 Alma	168 Corporation	Birmingham	B17 0DT
House	Street	B14 7SW	0121 426 0070
Newtown Shopping Centre	Birmingham		Open Mon and Thurs evening and Tues
Birmingham	B4 6TF	1 Rake Way	morning for appointments
B19 2AB	08444 77 1010		
	Info helpline – 9:30-	Birmingham	For appointments-0121 426 0071 /
0121 250 3000	16:30 Mon-Fri or 0300 330 0650 for mobile	B15 1EG	debtsupport@-
Drop-in every weekday 3:00am-5:00pm			the crossway.org.uk
		0121 441 4400	

Birmingham City Council Debt Advice Team 0121 303 2087

Birmingham Adult Education Service

- Over 3,000 part time courses
 Provide opportunities
 Skills to get a job
 Explore and develop your creative side
 Meet new people

Call: 0121 303 4318 or email: education@birmingham.gov.uk

Handsworth Jobcentre Plus	Selly Oak Jobcentre Plus	Erdington Jobcentre Plus	Room 306
Temple Row House	Harborne Lane	37 Sutton New Road	
25-45 Soho Road	Selly Oak	Erdington	The Custard Factor
Handsworth	Birmingham	Birmingham	
Birmingham	B29 6SP	B23 6TD	Birmingham
B21 9SL	0845 604 3719		B9 4AA
0845 604 3719		0845 604 3719	0121 771 0544

Birmingham City Council Enquiries	0121 303 1111	
Birmingham Drugline	0121 632 6363	
Birmingham & Solihull Mental health 24/7 crisis line	0121 262 3555	
	0800 915 9292	
Brook Helpline	0808 802 1234	
City Hospital Accident & Emergency	0121 554 3801	
Crime Stoppers	0800 555 111	
Forward Thinking Birmingham Mental Health Crisis (under 25s)	0300 300 0099	
Health Exchange (if you have no GP)	0800 158 3535	
Healthy Gay Life – Centre for community Health	0121 440 6161	
Heartlands A&E	0121 424 3263	
Jobcentre/New claims	0800 055 6688	
NHS healthcare (medical and dentist)- non urgent	111	
Open Door Counselling	0121 454 1102	
Police (non-emergency)	0845 113 5000	
Sexually Transmitted Infections (Testing)	0845 122 8690	
Social Services (Out of hours)	0121 675 4806	
The Samaritans	0121 666 6644	
Samaritans Free Phone	08457 90 09 90	
Travel West Midlands (Ticket Pricing)	0121 254 4801	
Travel line information	0871 200 2233	
Victim Support	0845 303 0900	
West Midlands Police Non-urgent	101	

CONTACT

hydehousing@protonmail.com 01215548248

